



### Session Three: Bootcamp—Armor Up

We have this identity engrained deep into our bones and we have met our leader whose vision is clear and who we are so in love with. We live in a world that is always moving forward and we have a very real enemy. In order to fight we have to be equipped to take on each and every moment. It's that time of boot camp for us to get our gear!

Read 1 Samuel 17:34-40. We have to know our armor intimately, we have to know how and what to put on in order to walk into battle prepared for victory. Do you think David was foolish to remove the armor that was given to him by King Saul?

We are in a battle every day. A very good description of what spiritual warfare looks like is described by Clinton Arnold: "Spiritual warfare is all-encompassing. It touches every area of our lives—our families, our relationships, our church, our neighborhoods, our communities, our places of employment. There is virtually no part of our existence over which the Evil One does not want to maintain or reassert his unhealthy and perverse influence. Conversely, Jesus longs to reign as Lord over every area of our lives." Read Ephesians 6:10-17. What items of God's armor do you need to get to know better?

Now Read Ephesians 6:18. The last thing that Paul tells us in this passage is that we need to fight with prayer. Prayer is the glue that allows us to activate every other piece of armor. Stacy tells us that "Every piece of armor is intertwined, and the prayer piece is the one that allows you to go deep into relationship. God will set in motion each piece of armor and then grow them and strengthen them." How are you utilizing the gift of prayer?